Meet the DiaBuddy Service Provider (DSP)

NeedyMeds | Find help with the cost of medicine

30 MINUTES

Explore resources

30 MINUTES

Open dialogue with your DSP

ONE PURPOSE

A better quality of life

DoIHavePrediabetes.org

Start with the free one-minute risk test.

TAKE A MINUTE

Open the official test on your own device.

KEEP IT PRIVATE

Your answers and score belong to you.

NEXT STEP

Discuss a high-risk result with a healthcare professional.

Know your risk. Take the first step.

Sources: Prediabetes risk test · CDC: Lifestyle change program

A starting point for cost help

NeedyMeds is a free information resource.

SEARCH

Find medication and healthcare savings resources.

CONNECT

Follow links to the program that offers assistance.

VERIFY

Eligibility and availability are set by each program.

Sources: NeedyMeds: Healthcare savings

Choose the right kind of resource

Different needs lead to different paths.

MEDICINE COSTS

Patient assistance and savings options.

CARE ACCESS

Free, low-cost or sliding-scale clinics.

OTHER BARRIERS

Diagnosis-based assistance and transportation resources.

Sources: NeedyMeds: Healthcare savings

Walkthrough | Find an assistance route

Use a fictional example; no attendee details.

1 · SEARCH

Open NeedyMeds and search a medication name.

2 · READ

Open an available assistance listing and its rules.

3 · CONFIRM

Check the program’s current application and contact.

Sources: NeedyMeds: Finding patient assistance

A discount card is one option

Compare the actual price before choosing.

FREE TO ACCESS

The NeedyMeds card does not require registration.

ONE PAYMENT ROUTE

It cannot be combined with insurance.

CHECK AT THE PHARMACY

Ask about the final price and coverage implications.

Sources: NeedyMeds: Discount-card guide · NeedyMeds: Drug pricing

Make the first step manageable

You do not need to solve everything today.

CHOOSE ONE ROUTE

Pick one listing or one question to explore.

PREPARE PRIVATELY

Ask the program which documents it needs.

ASK FOR HELP

Use the DSP for navigation and your pharmacist for medication questions.

A prevention option to explore

CareSync attendee offer • eligibility applies

YEARLONG SUPPORT

DPP focuses on sustainable lifestyle changes.

$100 ANNUALLY

Or $10 per month; 12 payments total $120.

ASK BEFORE ENROLLING

Confirm eligibility, delivery, coaching and what is included.

Delay the onset and reduce the risk of type 2 diabetes with prevention.

Sources: CDC: Lifestyle change program

Concierge Care begins with listening

Your DSP helps you choose and organize a next step.

YOUR PRIORITY

What would make everyday life easier?

YOUR CONNECTION

A useful resource, care team or program.

YOUR FOLLOW-THROUGH

One action, one owner and a date to reconnect.

Let’s open the conversation

We have 30 minutes reserved for you.

ASK

What is still unclear?

SHARE

What gets in the way?
Keep details general.

CHOOSE

What support would you like next?

Education → Dialogue → A personal next step

30–35 minutes | What matters most?

A short listening round.

START HERE

“What brought you here today?”

ONE PRIORITY

Cost • understanding • daily routine • support

A LITTLE SPACE

One minute per person; passing is welcome.

35–45 minutes | Questions & barriers

Explore the resource that fits the need.

CLARIFY

What part of the process feels difficult?

MAKE IT PRACTICAL

What would help: a link, explanation or introduction?

INVITE THE DSP

Who can help with the next step?

45–55 minutes | Make a next-step plan

A small plan you can follow.

ONE ACTION

Choose a manageable first step.

ONE OWNER

You, the DSP, a resource program or your care team.

ONE CHECK-IN

Agree on a realistic follow-up date and channel.

55–60 minutes | Leave with a connection

Resources, reassurance and a next step.

RECAP

What is the one thing you are taking away?

FOLLOW UP

Request a private conversation with your DSP.

STAY CONNECTED

PharmDConcierge.com/v-events/

Ken Sternfeld, Registered Pharmacist • ken@caresyncconcierge.com

Official resources

Reference slide • outside the 60-minute agenda

Prediabetes risk test
https://doihaveprediabetes.org/take-the-risk-test

CDC: Lifestyle change program
https://www.cdc.gov/diabetes-prevention/lifestyle-change-program/index.html

NeedyMeds: Healthcare savings
https://www.needymeds.org/healthcare-savings

NeedyMeds: Finding patient assistance
https://blog.needymeds.org/2024/08/30/how-to-find-and-apply-for-patient-assistance-programs/

NeedyMeds: Discount-card guide
https://blog.needymeds.org/2020/03/04/all-about-the-needymeds-drug-discount-card/

NeedyMeds: Drug pricing
https://drugpricing.needymeds.org/